

Strengthen The Inner Man



Ephesians 3:16 *“that He would grant you,
according to the riches of His glory, to be
strengthened with might through His Spirit
in the inner man,”*

(NKJV)

Transform The Inner Man Daily

- **2Cor 4:16** *“Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.”*
- **Rom 12:2** *“And do not be conformed to this world, but be transformed by the renewing of your mind, ...”*
- **Eph 4:23** *“and be renewed in the spirit of your mind,”*
- **What does God tell us to do in order to renew or build ourselves up in Him?**

Watch & Pray

- **Matthew 26:40-41** *"Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me one hour? Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.""*
- **Hebrews 4:16** *"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need."*

Judge Yourself

- **1 Corinthians 11:28-32** *"But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. For this reason many are weak and sick among you, and many sleep. For if we would judge ourselves, we would not be judged. But when we are judged, we are chastened by the Lord, that we may not be condemned with the world."*

Helping Others

- **Galatians 6:1** *"Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted."*
- **1Corinthians 5:11-13** *"But now I have written to you not to keep company with anyone named a brother, who is sexually immoral, or covetous, or an idolater, or a reviler, or a drunkard, or an extortioner—not even to eat with such a person. For what have I to do with judging those also who are outside? Do you not judge those who are inside? But those who are outside God judges. Therefore "put away from yourselves the evil person.""*
- **James 5:19-20** *"Brethren, if anyone among you wanders from the truth, and someone turns him back, let him know that he who turns a sinner from the error of his way will save a soul from death and cover a multitude of sins."*

Hidden In My Heart

- **How can a young man cleanse his ways?**
 - **Psalm 119:9-12**
- **Grow up into Him who is the Head – Christ –**
 - **Eph 4:11-24**
- **Scriptures are given to “equip” us.**
 - **2Tim 3:16-17**
 - **1Pet 2:2** *"as newborn babes, desire the pure milk of the word, that you may grow thereby,"*
 - **Col 3:10** *"and have put on the new man who is renewed in knowledge according to the image of Him who created him,"*
 - **Eph 5:8-10**

Godly Sorrow

- **2Cor 7:9-11** *“Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death. For observe this very thing, that you sorrowed in a godly manner: What diligence it produced in you, what clearing of yourselves, what indignation, what fear, what vehement desire, what zeal, what vindication! In all things you proved yourselves to be clear in this matter.”*

Sing With Heart

- **James 5:13** “... *Is anyone cheerful? Let him sing psalms.*”
- **Eph 5:19** “*speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord,*”
- **Col 3:16** “*Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.*”